

West Yorkshire XC League - Middleton Park, Leeds

Sat 20th December

All races will take place entirely within the grounds of Middleton Park next to the Middleton Park Visitors Centre. We are using the old golf course. Note, this is a different course to 2023, but the same course as 2024.

Registration & Number Collection (if required) will be in the Visitors Centre.

Those athletes who have already competed in the league this winter season should retain the race number already issued

Parking is available within the John Charles Centre for Sport car parks (use the Overflow Car Park), the Bike Hub and also the streets of Middleton estate - see map below. Please do not use the parking at the Visitors Centre. Spaces are very limited.

Club Tents can be erected in an area adjacent to the Start / Finish area.

Toilet facilities are available in the Visitors Centre and also via portable toilets adjacent to the Start / Finish area. There are no changing facilities.

Refreshments will be available to purchase from the Visitors Centre.

All Race Distances Approximate

Small & Large laps are both ran clock-wise

Start = 450m

Finish = 100m

Small Lap = 1350m

Large Lap = c. 2170m

11.45am

U11 Girls	1x Small (1900m)
U11 Boys	1x Small (1900m)
U13 Girls	2x Small (3250m)
U13 Boys	2x Small (3250m)
U15 Girls	2x Small (3250m)
U15 Boys	1x Small, 1x Large (4070m)
U17 Ladies	1x Small, 1x Large (4070m)
U17 Men	2x Large (4890m)

1.45pm

U20 / Senior Ladies

1x Small, 2x Large Laps (6240m)

2.15pm

U20 / Senior Men

4x Large Laps (9230m)

Good Luck - Leeds City Athletic Club !!!

